



PRIMROSE HILL COMMUNITY ASSOCIATION
 29 HOPKINSONS PLACE, off FITZROY RD, LONDON NW1 8TN

Newsletter Jan/Feb '18

Vintage Disco

Dance to the sounds of the 60's, 70's & 80's on Saturday 3rd February from 7pm to 11pm. The very best of these three decades will be brought to you by our fabulous DJs. Spread the word and let's have a fantastic night whilst helping to support your local community centre. There will be a cash bar and food available on the night. Tickets £6 - to purchase tickets visit our website www.phca.cc/disco



Jumble Sale

On **Saturday 17th March** from 11am to 1.30pm we shall be having our Primrose Hill Jumble Sale at the Centre. Come along and pick up bargain clothes, toys, books and all sorts of other goods, or simply come along and join us for some tea and cake and have a chat with your neighbours. This sale helps us raise funds for our Summer Fair on 9th June whilst also helping us get some wares to sell at the Fair. So any donations you may be able to drop in to us would be warmly received, we are looking for bric-a-brac, dvds/cds, clothes, books, toys, games etc.

If you are able to help sort the jumble on the evening of 16th March from 6.30pm to 8.30pm or/and at the jumble sale on Saturday 17th March from 10.30am to 1.30pm we would love to hear from you.

Open House (January)

17 Jan - Cree Circle - Melody Thompson talks about the residential school system and her part in Canada's nationwide Truth and Reconciliation process.

24 Jan - St Mary's Church - Visit St Mary's Church in the heart of Somers Town. Transport available, please let office know in advance. Meet 2pm Eversholt Street, King's Cross NW1 1BN

31 Jan - Manhattan - screening of Woody Allen's classic ode to New York from 1979, starring Diane Keaton and Woody Allen.

Library Events

9 January Film Show: On Sale Now

PHCL Film Show presents - **Untouchable**

Starring François Cluzet, Omar Sy. Directed by Olivier Nakache & Eric Toledano

With subtitles

Untouchable is an irreverent, uplifting comedy about friendship, trust and human possibility. It is the second most-successful French film of all time at the domestic box office, and also did record-breaking business

across Europe and in the USA. Yet it in Britain it passed almost without notice. Discover what we missed . . . Doors open 7.15pm, Introduction 7.45pm, Film 8.00pm

£8.00 including glass of wine. Tickets, up to two per person, on sale at the Library, Sharpleshall Street, NW1 8YN (on Mondays, Wednesdays, Fridays and Saturdays) or on the door.



Open House (February)

Wed Feb 7 The Reputation Game

- A talk about reputation in life, and business, from David Waller.



Wed Feb 14 Teaparty with Camden People's Theatre, 2pm Primrose Hill Community Centre

Wed Feb 21 RAF Museum

Visit the RAF Museum Hendon. Transport available, please let



office know

Wed Feb 28 United Kingdom

-The screening of the story of King Seretse Khama of Botswana and his controversial marriage to a British white woman.

Membership

Membership to the Primrose Hill Community Association is free of charge. We are updating our databases and have done our best to keep all current members on the system. As part of this process we



will be sending an e-mail out to all people on the database asking whether you wish to remain a member and if so what type of information you would

like to be sent from us (events, local information, newsletters etc). We will send letters to all people not on e-mail (asking for e-mail addresses if possible) but if people are not on e-mail we will ensure they are kept up to date through hard copy newsletters etc. Anyone is welcome to join the Community Association and we would love to sign any new people up.

Narcotics Anonymous

Narcotics Anonymous - Every Thursday at the Community Centre from 1.45pm to 3.45pm. This free support group is for recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only ONE requirement for membership, the desire to stop using. It is suggested that you keep an open mind and give yourself a break. There are no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.



ACOL Bridge Club

This friendly ACOL Bridge club meet every Monday from 1.45pm to 3.45pm, cost £3. For more information contact Maureen Betts on 07919 444 187.

Thursday Drop-in

A very friendly Drop-in with Hongshan runs at the Centre every Thursday in term times from 11.15am to 1pm. Cost is £2.50 which includes snack for your child and tea, coffee and biscuits for parents and carers. 0-4years.

Yoga for Seniors

This free class runs every Thursday from 7pm to 8pm. No need to book, just come along and try it out. Slow and gentle Yoga classes, suitable for all levels of fitness, including complete beginners. Poses are adapted to address the signs of ageing, to enhance mobility, flexibility and to energise body and mind. Sessions have a deep focus on breathing and relaxation and have been designed to reinvigorate and heighten the life journey. Bring suitable clothing and footwear. Bring mat or towel (variations will be provided for those with difficulty getting down to the floor).



Keep Fit for over 60's

Our ever popular dance based fitness class runs every Tuesday (from 23rd Jan) with Hannah from 3pm to 4pm. No booking required, just come in comfortable clothing and trainers. Our thanks go to the Mary Ward Centre for providing a tutor for this class.



Keyholder Required

The Community Centre is looking for a reliable keyholder willing to lock some evenings and weekends. To discuss this paid position please speak to Mick (PHCA Manager) 020 7586 8327

Primrose Hill Community Association presents



*Dance to the sounds of
the 60's, 70's & 80's*

Saturday 3rd February - 7pm til late
Tickets £6 cash bar and food on the night

At the Primrose Hill Community Centre, 29 Hopkinson's Place, Fitzroy Road, NW1 8TN

For more info and tickets see www.phca.cc/disco